



Healthy Lifestyle Medicine complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Healthy Lifestyle Medicine does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Healthy Lifestyle Medicine:

Provides free aids and services to people with disabilities to communicate effectively with us, such as: — Qualified sign language interpreters, —Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as: —Qualified interpreters, —Information written in other languages

If you need these services, contact the Compliance Officer. If you believe that **Healthy Lifestyle Medicine** has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with : Compliance Officer, Healthy Lifestyle Medicine, 6015 Sycamore Road Lower Level, Cheyenne, WY 82009, Phone: 307.634.9919, Fax: 866.574.4084, alex@myhealthylifestylemedicine.com. You can file a grievance in person or by mail, fax or email.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office of Civil Rights, electronically through the Office of Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at : U.S Department of Health and Human Services, 200 Independence Ave, SW, Room 509F, HHH Building, Washington, D.C. 20201, Phone: 1.800.368.1019 or 1.800.537.7697 (TDD)

Complaint forms are available at <https://www.hhhs.gov/ocr/office/file/index.html>

Spanish	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame (307) 634-5216 al
Chinese	注意：如果您使用英語，則免費提供語言協助服務。呼叫(307) 634-5216
German	ACHTUNG: Wenn Sie Englisch sprechen, stehen Ihnen Sprachunterstützung kostenlos zur Verfügung. Rufen Sie (307) 634-5216
Tagalog	PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (307) 634-5216
French	ATTENTION: Si vous parlez anglais, des services d'assistance linguistique, gratuits, sont à votre disposition. Composez le (307) 634-5216
Korean	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. (307) 634-5216 번으로 전화해 주십시오.
Vietnamese	Chú ý: Nếu bn nói tiếng Anh, dch v h tr ngôn ng, min phí, có sn cho bn. Gi (307) 634-5216
Italian	ATTENZIONE: se si parla inglese, servizi di assistenza linguistica, gratuitamente, sono a vostra disposizione. Chiamata (307) 634-5216
Russian	ВНИМАНИЕ: Если вы говорите по-английски, переводческие услуги, бесплатно, доступны для вас. Вызов (307) 634-5216
Indonesian	PERHATIAN: Jika Anda berbicara bahasa Inggris, layanan bantuan bahasa, gratis, yang tersedia untuk Anda. Panggil (307) 634-5216
Japanese	注意：あなたが英語を話す場合は、言語支援サービス、無料で、あなたに利用可能です。(307) 634-5216
Nepali	ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू नि:शुल्क रूपमा उपलब्ध छ । फोन होस् (307) 634-5216
Persian (Farsi)	دندتسه امش سرتسد رد ، دندنک یم تبصح ناگیار ، نابز کم کم تادخ ، یسیل گنا امش رگا : هوجوت (307) 634-5216
Gujarati	સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો (307) 634-5216
Navajo	Díí baa akó nínízin: Díí saad bee yánífti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, koji' hódíílnih (307) 634-5216